

January 25, 2023

Lighten UP Calgary
15003 Deer Run Dr SE
Calgary, AB T2J 5M6

To Our Friends at Lighten UP Calgary,

Thanks to generous community members like you, the lives of over 290,000 individuals were improved last year. Your gift of 352 pounds of Mixed Food, helping us continue to feed those in our community facing food insecurity. Your support helps provide fresh, healthy foods, such as fruits, vegetables, meat, and dairy. As grocery prices continue to increase, your contribution is even more appreciated.

"It brings tears to my eyes to think of the kindness shown to us by so many people from the food bank and those who donate. Because of the food bank, I can feed my daughter and have healthy lunches to send her to school with. She starts her day off with a good breakfast, her and I cook dinner together and we talk about how eating healthy keeps our bodies healthy and strong. We also have great conversations about the kindness, generosity, and compassion that the food bank shows us and why we are so fortunate to have them helping us."

- A grateful Food Bank client

To have community members join us in ensuring no Calgarian goes hungry is truly humbling. We are incredibly grateful and fortunate to have you as part of our team.

Thank you,



Sarah Stephens
Development Supervisor - Community Engagement

